



भारत सरकार/ GOVERNMENT OF INDIA  
पोत परिवहन मंत्रालय / MINISTRY OF SHIPPING  
नौवहन महानिदेशालय, मुंबई  
DIRECTORATE GENERAL OF SHIPPING, MUMBAI

F. No.7-NT(72)/2014

Date: 28.01.2020

**MS NOTICE NO. 02 OF 2020**

Subject: Maritime advisory on new coronavirus - reg.

1. There have been reports of new virus infection in the Wuhan region of China with reports of the infection causing deaths in some instances. The World Health Organisation (WHO) website has indicated that the Chinese authorities have confirmed that they had identified the new virus as **coronavirus**.
2. The outbreak of the coronavirus is reported to have spread beyond the borders of Wuhan region of China resulting in screening procedures being commenced at the borders of many countries.
3. Considering the possible spread of this infectious new disease, WHO has issued standard recommendations for the general public to reduce exposure to and transmission of the disease. This recommendation of WHO is available in their website <https://www.who.int/emergencies/diseases/novel-coronavirus-2019/advice-for-public>. The Ministry of Health & Family Welfare (MoHFW), Govt. of India has also issued travel advisory to travellers visiting China. This advisory of MoHFW is available on their website <https://mohfw.gov.in/sites/default/files/Travel%20advisory%20to%20travelers%20visiting%20China-%20Update.d.pdf>. (copy enclosed)
4. All Indian seafarers are advised to comply with WHO recommendation and MoHFW advisory. All concerned organisations including INSA, FOSMA, MASSA, seafarers unions etc. are advised to inform their seafarers to comply with the WHO recommendation and MoHFW advisory in letter and spirit. Also, all Indian ships are required to exercise due caution while calling at ports of the regions where such infection is reported.
5. The approved Medical Examiners of this Directorate are also advised to display this M.S.Notice prominently at their clinic to create awareness in the matter.
6. This is issued with the approval of the Director General of Shipping and Additional Secretary to the Government of India.

Yours faithfully,

  
(Capt. Daniel J Joseph)

Nautical Surveyor-cum-Dy. DG (Tech & Piracy)

Enclosure(s): As above

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<https://www.who.int/emergencies/diseases/novel-coronavirus-2019/advice-for-public>

### Novel Coronavirus (2019-nCoV) advice for the public

WHO's standard recommendations for the general public to reduce exposure to and transmission of a range of illnesses are as follows, which include hand and respiratory hygiene, and safe food practices:

- Frequently clean hands by using alcohol-based hand rub or soap and water;
- When coughing and sneezing cover mouth and nose with flexed elbow or tissue – throw tissue away immediately and wash hands;
- Avoid close contact with anyone who has fever and cough;
- If you have fever, cough and difficulty breathing seek medical care early and share previous travel history with your health care provider;
- When visiting live markets in areas currently experiencing cases of novel coronavirus, avoid direct unprotected contact with live animals and surfaces in contact with animals;
- The consumption of raw or undercooked animal products should be avoided. Raw meat, milk or animal organs should be handled with care, to avoid cross-contamination with uncooked foods, as per good food safety practices.

### Protect yourself and others from getting sick

**Reduce your risk of coronavirus infection:**

- Clean hands with soap and water or alcohol-based hand rub
- Cover nose and mouth when coughing and sneezing with tissue or flexed elbow
- Avoid close contact with anyone with cold or flu-like symptoms
- Thoroughly cook meat and eggs
- Avoid unprotected contact with live wild or farm animals



**Protect yourself and others from getting sick**

**Wash your hands**

- after coughing or sneezing
- when caring for the sick
- before, during and after you prepare food
- before eating
- after toilet use
- when hands are visibly dirty
- after handling animals or animal waste



**Wash your hands**

Wash your hands with soap and running water when hands are visibly dirty

If your hands are not visibly dirty, wash them with soap and water or use an alcohol-based hand cleanser



**Protect others from getting sick**

- Cover mouth and nose with tissue, sleeve or elbow when coughing or sneezing
- Throw tissue into closed bin after use
- Clean hands after coughing or sneezing and when caring for the sick



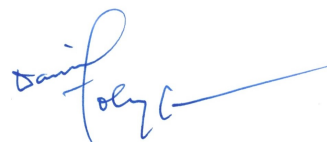
**Protect yourself from getting sick**

Avoid unprotected contact with sick people (including touching one's eyes, nose or mouth) and with live farm or wild animals



**Practise food safety**

- Use different chopping boards and knives for raw meat and cooked foods
- Wash your hands between handling raw and cooked food.



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### Practise food safety

Sick animals and animals that have died of diseases should not be eaten



### Practise food safety

Even in areas experiencing outbreaks, meat products can be safely consumed if these items are cooked thoroughly and properly handled during food preparation.



### Shopping in wet markets? Stay healthy!

Wash hands with soap and water after touching animals and animal products

Avoid touching eyes, nose and mouth

Avoid contact with sick animals and spoiled meat

Avoid contact with stray animals, waste and fluids in market



### Working in wet markets? Stay healthy!

Frequently wash your hands with soap and water after touching animals and animal products

Disinfect equipment and working area at least once a day



### Working in wet markets? Stay healthy!

Wear protective gowns, gloves and facial protection while handling animals and animal products

Remove protective clothing after work, wash daily and leave at the work site

Avoid exposing family members to soiled work clothing and shoes



## Stay healthy while travelling

### STAY HEALTHY WHILE TRAVELLING

Avoid travel if you have a fever and cough

If you have a fever, cough and difficulty breathing seek medical care early and share previous travel history with your health care provider



### STAY HEALTHY WHILE TRAVELLING

Avoid close contact with people suffering from a fever and cough

Frequently clean hands by using alcohol-based hand rub or soap and water

Avoid touching eyes, nose or mouth



### STAY HEALTHY WHILE TRAVELLING

When coughing and sneezing cover mouth and nose with flexed elbow or tissue - throw tissue away immediately and wash hands

If you choose to wear a face mask, be sure to cover mouth and nose - avoid touching mask once it's on

Immediately discard single-use mask after each use and wash hands after removing masks



### STAY HEALTHY WHILE TRAVELLING

If you become sick while travelling, inform crew and seek medical care early

If you seek medical attention, share travel history with your health care provider



### STAY HEALTHY WHILE TRAVELLING

Eat only well-cooked food

Avoid spitting in public

Avoid close contact and travel with animals that are sick



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<https://mohfw.gov.in/sites/default/files/Travel%20advisory%20to%20travelers%20visiting%20China-%20Updated.pdf>

Revised on 25-01-2020

## **Novel coronavirus outbreak in China**

### **Travel advisory to travelers visiting China**

An infection with a novel coronavirus has been reported from China. As 25th January 2020, a total of 1287 cases and 41 deaths were reported in 29 provinces (districts and cities) of China. In addition, 28 cases have been confirmed outside Chinese mainland: 5 cases in Hong Kong, 2 cases in Macao, 3 cases in Taiwan, 4 cases in Thailand (2 cases cured), 2 cases in Japan (1 case cured), 2 cases in South Korea, 2 cases in the United States, 2 cases in Vietnam, 3 cases in Singapore, 1 case in Nepal and 2 cases in France.

The clinical signs and symptoms are mainly **fever with a few patients having difficulty in breathing.**

Mode of transmission is unclear but available evidence points to human-to-human transmission occurring between close contacts through respiratory route.

In view of the spurt of cases being reported from China and travel related cases appearing in many countries, the travelers to China are advised the following:

- Those planning a visit to China
  - o All non-essential travel to China to be avoided.
- Travelers to China should follow simple public health measures at all times as under:
  - o Observe good personal hygiene.
  - o Practice frequent hand washing with soap.
  - o Follow respiratory etiquettes - cover your mouth when coughing or sneezing.
  - o Avoid close contact with people who are unwell or showing symptoms of illness, such as cough, runny nose etc.
  - o Avoid contact with live animals and consumption of raw/undercooked meats.
  - o Avoid travel to farms, live animal markets or where animals are slaughtered.
  - o Wear a mask if you have respiratory symptoms such as cough or runny nose.
- All travelers to China to monitor their health closely
- During your stay in China, if you feel sick and have fever and cough:
  - o Cover your mouth while coughing or sneezing.
  - o Don't plan any further travel, if sick.
  - o Seek medical attention promptly.
  - o Report to Indian Embassy in China (+8618612083629 and +8618612083617)



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- If you feel sick on flight, while traveling back to India:
  - o Inform the airlines crew about illness.
  - o Seek mask and the self-reporting format from the airline crew.
  - o Avoid close contact with family members or fellow travelers.
  - o Follow the directions of airline crew while disembarking.
  - o Immediately report facts to the Airport Health Office/Immigration Office and Helpline number (011-23978046) also.
  - o Follow the direction of the airport health officer or as issued by the helpline.
  
- If you feel sick within a span of one month after return from China:
  - o Immediately call the Helpline number (011-23978046) and follow the direction issued.
  - o Maintain effective self-isolation at home and with others.
  - o Observe good personal hygiene.
  - o Practice frequent hand washing with soap.
  - o Follow respiratory etiquettes - cover your mouth when coughing or sneezing.
  - o Report the illness to the nearest health facility and also inform the treating doctor regarding your travel history.

